



Meet and Greet Protocol September 2025 – 2026

Our Mission Statement:

**"To go further than we thought
To run faster than we hoped
To reach higher than we dreamed
To become the best we are able to be"**

We believe that connection is a biological imperative (Porges) for all human beings. Strong, positive relationships and secure attachment with another not only has a profound impact on self-esteem but also on our physiology. Eye contact, touch and social joy with someone who is significant and important to us, releases brain and body biochemistry that reduces stress hormones, increases activation of our prosocial systems and cements our connection to others.

Establishing a meet and greet protocol for all in our organisation means that children and young people, staff and parents are better able to engage with others, be more available and ready to learn and lessens the stress load that may accompany them as a result of their experiences.

It is a fundamental element of PROTECT, increasing safety cues and creating psychological safety for all. For children who have not yet established a secure attachment being seen, heard and responded to grounds them and gives them a sense that they matter.

In addition, a meet and greet protocol that is planned for and embedded into practice has been shown to increase academic attainment, decrease disruptive behaviour and as a result adds over an hour of learning a day (*Cook et al, 2018*). Adults also report an uplift in their wellbeing.

Where possible, all children should be greeted at the point they enter the school grounds or the school building, by a familiar member of staff.

On entry to the classroom, at the door, children should be greeted by their class teacher or in their absence a familiar adult – ideally a teaching assistant who is consistent in their presence in the classroom. Greeting should follow the four at the door format.

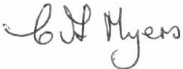
Greet the child using their preferred **NAME**

Establish **EYE CONTACT with the child, where it is comfortable for the child to do so**

Offer the child some form of non-verbal, friendly, appropriate **HUMAN CONTACT**

****CONNECT** to the child on a personal level with a comment or question**

Policy introduced: 6/9/23

Signed:  Headteacher

Signed:  Chair of Governors

Date: 9th September 2025