



PE Newsletter Autumn Term

'To be the best sports person we are able to be'



Since returning to school in September we have taken an enthusiastic approach to all areas of Physical Education, Physical Activity and School Sport.

Here are some of the areas that have been covered as part of our PE curriculum so far this term:

EYFS

In EYFS, the children have been focusing on their physical development and developing their fine and gross motor skills through a designated PE lesson and through continuous provision within the curriculum. They also work on the fundamental movement skills of: running, hopping, jumping, catching and throwing.



Year 1

The children have continued to develop their Fundamental Movement Skills and they have been developing their basic game-playing skills while practising throwing, catching and bouncing a ball with accuracy, and running and changing direction quickly. They have also begun working on simple tactics and working cooperatively with others.

In dance this half term they have looked at linking a series of travelling movements to together in their dance topic, 'The Three Little Pigs'.



Year 2

In Year 2 have begun to apply their basic Fundamental Movement Skills in basic games. They have been working on throwing, catching, bouncing and striking a ball with increased accuracy and applying simple tactics in a net/wall game.

As part of their dance topic 'Once upon a giant' the children have explored actions related to work and exploring contrasting gestures and travelling actions. They created a short sequence that include a travel, a jump, a turn a gesture and a stillness.



Year 3

This term the children have continued to develop their fundamental movement skills they have also looked at Invasion Games skills through rugby, where they have practiced running, dodging, swing pass and catching a ball. They have also begun to develop the skills that they need for net/wall games and working on simple tactics.

Year 3 have also worked with Coach Lewis from Rossendale School Sports Partnership.



Year 4

In Year 4 the children have worked on their invasion games skills through basketball where they have worked on running, chest pass, bounce pass and dribbling a ball.

During the dance topic 'Electricity' the children learnt how to think creatively and created their own movement using words as inspiration, they have also developed their performance skills.



Year 5

This term Year 5 have been swimming at Marl pits, where they have developed their strokes working towards achieving their 25 metres.

In PE lessons in school they have developed their gymnastic skills working on performing partner balances, counter balances. They then worked hard to create a gymnastic sequence with counter balances and counter tension with a partner.



Year 6

Year 6 have worked on Invasion Games skills through both netball and rugby, where the children have developed their running, dodging, chest pass, bounce pass, catching, shoulder pass and shooting. In rugby they have developed running, dodging, swing pass, catching a ball and kicking a ball.

In their Outdoor and Adventurous unit the children worked on building trust and communicating and working together effectively to solve problems.



Developments in PE

As a school we have purchased the Primary PE Passport which assists teachers in planning, assessing and delivering high quality PE lessons.



As a staff we have also received training from Jess Squires, who is the Lancashire teaching and learning consultant for PE. So far we have received CPD for Fundamental Movement Skills and we also have training in how to teach high quality gymnastic and dance lessons.

Extra-Curricular Activities

So far this term KS2 children have had the opportunity to attend extra-curricular activities which have included Athletics and Circuit training. Keep your eyes peeled for more clubs starting in the new year.



Rossendale School Sports Partnership

We continue to be part of the Rossendale School Sports Partnership, which allows us to take part in various competitions and festivals. So far this term the Year 3/4 mixed football team won their competition. The Year 5/6 Athletics team reached the final of the Sports hall Athletics competition and the Year 3/4 came third in their qualifying team. The children showed excellent teamwork and sportsmanship at every event and so far they have won the School Games Values Awards at every event that they have attended.

